PRAIRIE GYM NEWS

PRAIRIE GYMNASTICS CLUB

FLIP — LAUGH — WONDER

1241 N. Raddant, Batavia, IL 60510 630-485-8648 www.prairiegym.com

WELCOME FROM SUZIE AND KEVIN

After many years of working for and managing other facilities, we are happy to welcome you to our own gym, PRAIRIE GYMNASTICS CLUB.

We are your "neighborhood" gym, conveniently located one block south of Fabyan on Raddant Rd. **PGC**, 4 1/2 miles north of I-88 off Kirk Road, is easily accessible from Geneva, Winfield, West Chicago, Warrenville, Wheaton, and North Aurora (see the map on page 2).

Our mission statement:

EDUCATING KIDS THROUGH THE SPORT OF GYMNASTICS

Please join us for our free classes in August (see page 2) and become part of our gym family for the fall session beginning August 25th.

For more information, call us at 630-485-8648 or check out our website, www.prairiegym.com

Office Hours

Monday	**1-6pm**
Tuesday-Thursday	**9-noon and 1-6pm**
Friday	**Office Closed**
Saturday	**9-noon**

If you call when we're closed, please leave a message. We ALWAYS return calls.

We Recycle!!!
Please help by using our bins.

Thanks

CLOSED

Monday, Sept. 1
Friday, Oct. 31

Upcoming Events

Summer Olympics - Beijing, China
Begin August 8, 2008

Free Classes
August 15 - 20
Schedule on page 2
Sign up now !

Fall Session
August 25-November 1, 2008
(10 weeks)

Grand Opening
Sat, September 6
4 - 8pm

Winter 1 Registration
Begins October 6th

Winter Session
November 3, 2008-January 17, 2009
(10 weeks)

August 2008
Vol 1, No 1

Class Descriptions

Parent & Tot (2-3 years old)
Designed for parent-child interaction, this class combines a playful atmosphere with a structured lesson plan. Each class will have instructor guided songs, an activity and gym skill of the week, free exploration, pit time, hand stamps, and lots of fun.

Preschool 1 (3 1/2-5 years old)
Children will “flip, laugh, and wonder” at the fun they are having while learning basic gymnastics skills and vocabulary. Using a variety of preschool sized apparatus, children will develop strength, coordination, and self-confidence while learning how to be safe and have fun in the gym.

Preschool 2 (4 1/2-5 years old)
Building on the basics of Preschool 1, children will add more skills (and words) to their gymnastics repertoire. The strength and flexibility they develop will go a long way toward mastering other sports as well. Smiles and laughter are expected.

Girls 1 (6 and up)
Classes designed for the beginning gymnast. The emphasis is on safety, strength, mastering the basics, and finding out how much fun the sport can be.

Girls 2 (7 and up)
Classes for the intermediate gymnast who can demonstrate proficiency in selected skills. We continue to emphasize strength and flexibility so the girls can safely learn more complex skills.

Boys Challenge (6 and up)
Gymnastics is fun, but so are games, contests, running, jumping, climbing…boys will get all that and more in our Challenge classes. Challenge (like the Windmill company in Batavia) classes are fitness classes designed to develop strength, flexibility, agility, balance, coordination (you get the idea). Will they learn gymnastics? YES! Will this class get them ready for ANY sport? YES again!

Tumbling (6 and up)
Our co-ed tumbling classes go from the basics through advanced skills. Trampoline and tumble trak will be included along with drills using wedge mats, octagon shapes, skill cushions, and our 18’x20’ foam filled pit.

Schedule of Free Classes

Friday, August 15

10:00am	Preschool 1
	Preschool 2
6:00pm	Parent & Tot

Saturday, August 16

8:30am	Parent & Tot
9:30am	Boys Challenge
	Girls 1
	Tumbling

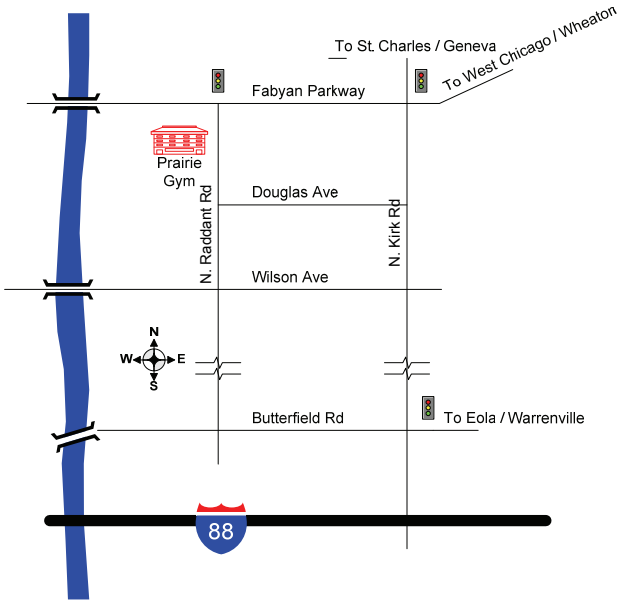
Monday, August 18

4:00pm	Preschool 1
	Preschool 2
5:00pm	Girls 1 and 2
	Boys Challenge

Tuesday, August 19

10:30am	Girls 1 and 2
	Boys Challenge
5:00pm	Preschool 1
	Preschool 2

Wednesday, August 20

9:30am	Parent & Tot
10:30am	Preschool 1
	Preschool 2
5:00pm	Tumbling
5-7pm	Open Team Workout

Call **630-485-8648**
to sign up for a free class.