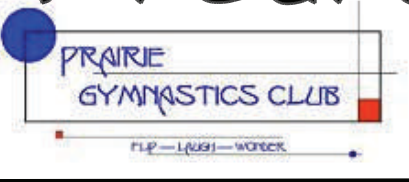


Prairie Gym News



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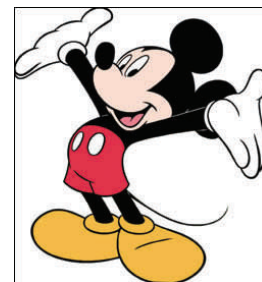
Welcome

Jenni Miller is the new face you'll see at the reception desk if you are at the gym Mondays, Tuesdays, or Wednesdays.

Jenni lives in Batavia with her husband Roger and their six children, two dogs and a cat. Five of her kids take gymnastics at Prairie Gym Club!

She loves to read, try new things, and loves all things Disney.

We're happy to have her working with us doing registrations, answering phones, and keeping the office in order.



Winter 2 Registration

Are you signed up for the next session????

Winter 2 runs **January 20-March 28, 2009**

Registration is ongoing for both current and new students. Sign up now; stay fit and healthy in the new year.



We accept checks or cash, and payment plans are available; talk to Suzie.

Did you know...

...American and Russian space flights have always included chocolate? (Suzie is very happy to hear that!)

...a sneeze can exceed the speed of 100 mph?

...the four women's Olympic events are Vault, Uneven Bars, Balance Beam, and Floor?

...any month that starts on a Sunday will have a Friday the 13th in it?

...Coach Dan has a birthday in January?

No Classes

Jan. 16-19

January
2009

Vol 1, No 6

Upcoming Events

Wilmette Invite (Team Girls)

January 10

Wilmette Park District

Joe King PT, ATC

January 12th—Complimentary Evaluations

Windy City Invitational (Team Boys)

January 16 -18, 2009

at UIC, Chicago

(see page 2 for more information)

Food Pantry Collection

January 20-24

Please bring in a donation for the Food Pantry

Winter 2 Session

January 20-March 28

King Arthur's Invite (Team Girls)

January 24

Morris, IL

Team News

Prairie Gym Club team members attended their first competition of the season in December.

Audrey Channon (Wheaton) placed 2nd All Around in Level 6 at the Wilmette Park District Invite. In addition, she was 2nd on beam and vault, 3rd on bars, and qualified to USAG Level 7.

The Level 6 Boys team placed third at the Hawaiian Pineapple Classic held at the Schaumburg Convention Center. **Christian Dalisay** (Batavia) was 2nd All Around, 1st on High Bar, and 3rd on P. Bars. **Patrick Howard** (Glen Ellyn) was 4th AA, 1st on Pommels, 2nd on Floor, and 3rd on Ps. **Laith Yousif** (Wheaton) was 5th AA and 2nd on Rings.

Keenan Oshiro (Naperville) was 6th AA. Also contributing to the 3rd place team banner were **Ben Szot**, **Leo Oshiro**, and **Trevor Higgins**.

At Level 5, **Matthew Szot** (Wheaton) was the P Bar champ as well as placing 3rd in the AA and on Rings.

Luke Zarakas (Batavia), Level 8 placed 1st on P Bars.

Upcoming competition dates are listed on page 1.



January Birthdays

4th	Hiley Kuhn
6th	Grace Wecker
12th	Clay Hanlin
13th	Sarah Jolliff Zachary Jolliff
18th	Lucy Gorski
22nd	Giovanna Larson
23rd	Lily Zofkie Coach Dan
24th	Jessica Costello
27th	Maddie Smith
31st	Charlotte Pin

Preschool Playtime

Can't take the little ones out to play because of the weather? Don't forget, we offer Preschool Playtimes for children ages 1-Kindergarten:

Wednesdays 9-10:15am
Fridays 1:15-2:30pm

The cost is \$5 each time,
or buy a punch card,
10 times for \$40.



**No playtime this month
on Friday, January 16th**



Windy City Invite

Prairie Gym Club is proud to host the 13th annual Windy City Invitational, January 16-18, 2009 at UIC in Chicago.

With over 900 boys registered from across the country and Canada, this is one of the largest boys' meets in the country.

The competition runs Friday through Sunday at 901 W. Roosevelt Rd. in the P.E. building on the UIC campus. Schedules are available at windycitygymnastics.com.

In conjunction with the Jr meet, the 39th NCAA Windy City Competition is Saturday night at 7pm. Featuring six nationally rated collegiate teams, this is always an exciting event not to be missed.

Joe King PT, ATC will be in the gym on Monday, January 12th, 5:30-7pm to offer **complimentary evaluations**; no appointment necessary.

Dr. Joe has been working in athletic medicine and outpatient physical therapy settings for 10 years. He has a special interest in pediatric sports medicine and functional foot orthotics.

He also has two daughters who attend PGC, and we are happy to have him working with us.

Dr. Joe's office, **Physical Therapy Advantage**, is located at 35 S. Randall Rd. in North Aurora. 630-892-8003

