

PRAIRIE GYM NEWS



1241 N. Raddant Rd. Batavia, IL 60510

630-406-6803

www.prairiegym.com

Winter 2 Registration

Zumba Fitness

Wednesdays 1-2pm

First class Jan. 20th FREE

“The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! “

Our certified instructor, Betty (Goldsmith) Mann graduated from Aurora University with a Bachelors in Education and teaches part time at Sci-Tech Hands On Children's Museum in Aurora. She is general manager of the Wilson Street Market and works with Folto's Tonsorial Parlor. Betty has always loved dancing, and joined a Zumba class in January, 2009. Falling in love with the high energy, Latin infused music, and pure fun and joy of moving and dancing, Betty received her certification as a Zumba fitness instructor in July, 2009. She currently teaches in Batavia, Hinckley, and Naperville.



Did you know...

...the average life span of a parrot is 120 years?

...Brianna Vestal was our first GIJO to get a front hip circle on bars?

...Yoga is on its way? We'll have a schedule set up in the next few weeks and flyers will be posted.

...the current session ends January 16th?

...buffalo can float?

No Classes

Monday
Jan. 18

January 2010

Vol 2, No 5

Winter 2 January 19 - March 27, 2010

Don't forget to sign up for Winter 2

New Classes

Tots	Tuesdays	5:30-6:15pm
Gym Kids 2	Thursdays	9:15-10:15am
Zumba Fitness	Wednesdays	1-2pm
Yoga	Schedules coming soon	

Upcoming Events

Preschool Playtime

Mondays 12-1:15pm

Wednesdays 10:15-11:30am

Fridays 1:15-2:30pm

Itasca Winter Invite

January 9 (Compulsory Team Girls)

Itasca Park District

Windy City Invitational

January 15-17 (Team Boys)

UIC, Chicago

Zumba Fitness

Free class Wednesday, January 20

1-2pm

Bravo Invite

January 22-24 (Optional Team Girls)

St. Charles

Mardi Gras Invite/King Arthur Invite

January 30-31 (Team Boys and Girls)

Bartlett / Wilmington

Windy City Invite

Prairie Gym Club is, once again, proud to host the largest boys meet in the country. The annual Windy City Invitational will run January 15-17, 2010 at UIC in Chicago.

With over 900 boys from across the US and Canada, this will be an international competition not to be missed.

The competition runs Friday through Sunday at 901 W. Roosevelt Rd. in the P.E. building on the UIC campus. Schedules are available at windycitygymnastics.com.

In conjunction with the Jr. meet, the 40th NCAA Windy City Competition is Saturday night at 7pm. Featured are top rated teams from the University of Illinois, Champaign; the University of Illinois, Chicago; the University of Iowa; the University of Michigan; the University of Minnesota; and Ohio State University.

Come on out and support the team and see some great gymnastics in the process.

Don't forget to
take your
Gym Stars home



Meet Results

Both boys and girls teams competed at the Hawaiian Pineapple Classic in Schaumburg, December 19-21, 2009

The Level 4 boys (Connor Beattie, Hunter Dalisay, Thomas Foley, Julian Pin, Will Szot, and Jeffrey Zofkie) placed 6th as a team, and the Level 6 boys (Caleb Ercoli, Trevor Higgins, Nick Krella, Aiden Moran, Curran Phillips, and Matt Szot) brought home the 5th place banner. In addition, Will Szot placed 2nd on Vault, 3rd on P Bars, and 2nd All Around, while his brother Matt placed 3rd on Rings and High Bar.

On the girls side, Kerry Abello, Level 5, and Audrey Channon, Level 8 both took top honors in their age groups, winning the All Around, as well as some events along the way. Peyton Prost and Nora Theeke, Level 5s, placed 1st and 2nd on Bars.

Congratulations to all the teams and their coaches on a great start to the 2009-2010 season.

Gym Kids Theme Weeks

Stay tuned for:

Circus Week (February 1-6)

The Big Top Parade, circus animals, juggling, balancing, flying trapeze (or rings), Bozo Buckets...get ready for lots of circus fun!



Crazy Socks Week (March 1-6) We'll work on rights and lefts with our mismatched socks.

PGC staff will be wearing Sol Mate socks.



We have 7 students who have attended every session since we opened (August 2008), including the 1st week of free classes that we offered. They are: Julianna and Stephanie Anderson, Abbie Cooperman, Keaton Krohse, Maddie Smith, Anna Tortorici, and Nathan Wright.

January Birthdays



2nd	Daniel Fitzgerald
7th	Anna Marie Harms
10th	Alana Rapinchuk
11th	Zach Olszewski
12th	Clay Hanlin
	Isabelle Kull
13th	Kyra Taylor
18th	Sean Foley
	Lucy Gorski
19th	Dylan Baker
20th	Carly Rasmussen
22nd	Nick Krella
	Giovanna Larson
23rd	Lily Zofkie
27th	Maddie Smith
31st	Charlotte Pin