

PRAIRIE GYM NEWS



1241 N. Raddant Rd. Batavia, IL 60510

630-406-6803

www.prairiegym.com

Winter 2 Registration

Winter 2 session
January 23 - March 31, 2012

Sign up anytime
Payment plans available

Upcoming Events

M&M Invite
(optional team girls)
January 7; Wisconsin

Jungle Safari Week
January 9-14

Windy City Gymnastics Invitational
(all team boys)
January 13-16 at UIC

Wilmette Invite
(Level 5 team girls)
January 21 at Wilmette Park District

King Arthur Invite
(all team girls)
January 28-29 in Bourbonnais

Emerald City Invite
(team boys)
January 27-29 in Kansas City

GIJO Invitational
(all GIJO girls)
February 4; 5pm at Prairie Gymnastics

12 for 2012

Twelve healthy habits to cultivate in 2012

1. Drink more water (and less soda)
2. Get more sleep
3. Stretch a little (or a lot) every day
4. Walk at least 15 minutes a day
5. Sit up straight
6. Have a heart to heart talk
7. Recycle
8. Kick your computer out of your bed
9. Eat breakfast
10. Take brain and body breaks
11. Eat at least one serving of vegetables at lunch and dinner every day
12. Relax

HAPPY NEW YEAR

Did You Know...

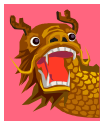
...2012 is a Leap Year?

...the Tournament of Roses Parade is never held on a Sunday?

...as of Jan. 1, 2012 adults riding in the back seat of a vehicle are required to buckle up?

...we'll be doing a Leap Year theme in February?

...January 23rd begins the Year of the Dragon?



...the Olympics are in London this summer? They run July 27-Aug 12.



No Classes

Monday Jan. 16

Accomplishments

Congratulations to...

- Hunter Dalisay who placed 3rd in the All Around at the Hawaiian Pineapple Invite.
- The boys Level 4 and 5 teams; they placed 6th and 5th respectively at the Hawaiian Pineapple Invitational.
- Jennifer Babich who placed 3rd on beam at the Hawaiian Pineapple Invite.
- Suzie who won a Kindle in the raffle at the Hawaiian Pineapple Invite :-)



Thanks to those who helped decorate our tree. If you would like to take your ornament home, please feel free. Any ornaments left after January 6th will be stored and saved for next year.



January Birthdays

3rd	Mia Zaragoza
7th	Emily Henrich
9th	Teagie Merrill
10th	Alana Rapinchuk
12th	Callie Gardner
	Clay Hanlin
13th	Lauren Sacchi
14th	Kylie Janouskovec
15th	Coach Ryann
20th	Makayla Apulello
21st	Sarah Katz
22nd	Giovanna Larson
	Nick Krella
25th	Becky Rentz
28th	Timmy Foley
31st	Coach Laurie



Windy City Invite

Come on out and support our boys at the annual Windy City Junior invitational meet at UIC. Kevin has been meet director for the past 15 years, and we are proud to continue the tradition, January 13-16, 2012.

With over 1000 boys registered from across the country and Canada, this is the largest boys' meet in the US.

The competition runs Friday through Monday at 901 W. Roosevelt Rd. in the P.E. building on the UIC campus. Our boys compete Friday and Saturday morning, all day Sunday, and Monday at 11am. Specific times and schedules are available at windycitygymnastics.com.

New this year is a Regional Championship on Saturday afternoon. Teams from regions 1, 4, 5 (Illinois) and 8 will compete for the title.

In conjunction with the Junior meet, the 42nd NCAA Windy City Competition is Saturday night at 7pm. Featuring six nationally rated collegiate teams, this is always a high energy and exciting event.



Gym Kids Theme Weeks

Our very popular **Jungle Safari Week** is Jan. 9-14, 2012. The Gym Kids will be going on a tiger hunt, swinging from, and climbing through vines while the Level 1s and up will climb the ropes to get a Tarzan Club certificate.



Stay tuned for Winter 2 when we do **Circus Week** and **Crazy Socks Week**. And February brings us a Leap Theme this year.

