

PRAIRIE GYM NEWS



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Spring Updates

Spring Registration

Spring Session runs **March 29 — June 12**

Priority: March 1 - 6

Current students staying in the same class.

Change: March 8 - 13

Current students who need to change their class time, level, or day; and their siblings.

New Students: may sign up beginning **March 15**.

Checks or cash only...payment plans are available; talk to Suzie or Jenni.

**See page 2 for our Spring Break Specials.
Flip Flop Shops and Gymnastics Camp**

Why sign up for the Spring Session???

Here are just a few reasons:

1. It's an 11 week session (except for the Monday classes; we're closed Memorial Day) and you only have to pay for 10. So, if you miss a class, you don't need to do a make-up, and if you don't miss any classes...you get a free lesson!
2. Gym Kids will be introduced to Strider Bikes during class in April. We'll have sample bikes here, and all Gym Kids get to try them out.
3. Recreational classes will earn medals during our 2nd annual **Windy City Challenge**. Students will be presented with three challenges a week for 6 weeks during their class time. Awards will be handed out at the end of the session. Everyone gets their name on the wall, earns a medal; and the challenges are lots of fun!
4. A \$50 deposit will hold your child's spot in class. Balance due first day of class. Payment plans available.

Did you know...

...coffee cups are recyclable?

Please empty them and put them in the recycle bins, not the garbage cans.

...March is Muscle Month? Recreational students will be learning to identify muscles.

...you can become a fan of Prairie Gymnastics Club on Facebook?

...we have new Solmate socks for sale, including anklets for Spring and Summer?

...Americans use 4 million plastic bottles every hour? Yet only 1 bottle out of 4 is recycled!!

...summer schedules will be available in April?



March

**All classes are running.
We are open during
Spring Break**

Upcoming Events

Houston Invite

March 6-7 (Optional Team Boys)
Houston, Texas

Arena Classic

March 6-7 (Team Girls)
Joliet, IL

Joe G. Invite

March 12-14 (Team Boys)
Premier, Downers Grove

Level 8 State

March 20-21 (Girls)

GJO Invite

March 20-21
Geneva Park District

Boys State

March 27-28
Oswego High School

Spring Specials

(March 29-April 3, 2010)

In addition to our regular classes, we will be offering the following specials

Flip Flop Shops

This 1 hour class will concentrate on drills, strength and proper execution of the flip flop. Children must be in 3rd grade or above.

Monday March 29 2:30-3:30pm
Wednesday March 31 2:30-3:30pm

Cost: \$10/class

Gymnastics Camp

Three hours of gymnastics fun, including games, races, pit time, skills, strength, flexibility, and gymnastics challenges.

For children in Kindergarten and up.

Tuesday March 30 9-12noon
Thursday April 1 9-12noon

Cost: \$30/day \$50/2 days or 2 kids

March Birthdays



1st	Ethan Jonke
3rd	Lily Wright
4th	Brody Seitzinger
5th	Emily Ericksen
6th	Danny Miller
7th	Emily Ramirez
	Dayna Perry
12th	Lane Hanlin
14th	Eva Ottoson
15th	Sam Cooperman
17th	Mia LeFevre
24th	Thomas Foley
26th	Luke Dell
29th	Caleb Ercoli
	Carlin King
30th	Jenni Miller
	Emily Neiderman



March 14th

Fitness Classes

Hatha Yoga	Monday	6:00-7:00pm
	Tuesday	10:15-11:15am
	Thursday	5:45-6:45pm
		7:00-8:00pm
Family Yoga	Saturday	11:00-12noon
Zumba Fitness	Wednesday	1:00-2:00pm
(Child care available \$1/child)		

Meet Results

Congratulations to our GIJO group (Sophia Anastasia, Jennifer Babich, Grace Beattie, Abbie Cooperman, Isabel Mach, Alana Rapinchuk, Maddie Runge, Kendall Tollas, Julia Tortorici, and Brianna Vestal) who competed in their first meet Feb. 7th at Premier West in Oswego. Their next competition is March 20-21 at the Geneva Park District.

The girls team competed at the King Arthur Invite where Audrey (Level 8) was 3rd on Floor; Kristi (Level 6) was 2nd on Beam, and 4th on Vault and All Around; and Nora (Level 5) was 4th on Floor.

Results from the Salto Invitational in Wisconsin are Audrey, 2nd on Floor with a 9.625; Nora, 1st on Bars, 2nd on Beam, and 4th All Around; and Peyton (Level 5), 5th on Bars.

The compulsory girls final meet is March 6-7 in Joliet at the Arena Classic.

The boys continue to bring home team banners and trophies...at Mardi Gras the 6s placed 3rd and the 4s were 2nd. Individually Curran was 3rd on Rings, P Bars, and All Around; Matt S. was 3rd on Pommels and 2nd on P Bars; Caleb was 1st on Floor and Vault, and 3rd on P Bars and All Around; Will placed 1st on Floor, High Bar and All Around, and 2nd on Pommels and P Bars; and Hunter was 1st on Rings and P Bars, and 2nd on Floor and All Around.

In Iowa the 4s placed 4th, and the 5s and 6s were 3rd. Individual awards were Matt S. 1st on Floor and Rings, and 3rd on P Bars and All Around; Curran 3rd on Rings and High Bar; Caleb 2nd on Vault and Floor; Hunter 1st on Pommels, High Bar and All Around, and 2nd on Floor and Vault; Will 2nd on Pommels and All Around, and 1st on Floor and Rings, and Ben B. 3rd on Vault.

This past weekend at the Midwest Open the Level 6s placed 3rd. Hunter was 3rd on Rings; Matt and Curran tied for 3rd on Floor; and Matt placed 2nd on P Bars and High Bar. **WHEW!!!**

State Championships are coming up this month...stay tuned for the season roundup in the next Gym News.

Batavia Pantry Food Drive: March 15-20.
Please bring in paper products and non-perishable food items.