

PRAIRIE GYM NEWS



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Flip Flop Shops

Our Flip Flop Shops were so popular over Spring Break that we are offering them during the summer as well.

Dates and times:

Every Wednesday	12:45-1:45pm (except July 1st)
June 9 and 11	1-2pm
July 6	10:30-11:30
July 7 and 9	1-2pm
July 14 and 16	10-11am
August 3	10:30-11:30
August 4 and 6	1-2pm

Cost:

- 1 class / \$15
- 2 classes / \$25
- 3 or more / \$10 per class

Students will work on drills, progressions, and strength exercises designed to introduce and/or improve the all important flip flop; some round off work will be included.

Children must have completed 1st grade or above, and be able to kick up to a handstand.

Summer Registration

Summer classes are offered in two 5 week sessions with **unlimited make-ups**.

- Summer 1 June 8-July 11
- Summer 2 July 20-August 22

Summer camps for children in 1st grade and above, are

Mon/Wed 9-11:30am, & Tues/Thurs 1-3:30pm during selected weeks in the summer.

Summer camp weeks:

- June 15
- June 22
- July 13
- July 20
- July 27
- August 10
- August 17

DON'T FORGET TO SIGN UP FOR SUMMER CLASSES, CAMP, AND FF SHOPS

Did you know...

...the Saturday morning Girls Level 1 class came up with 22 different forward rolls during "Variations Week"?

...we have extended Preschool Playtime through May?

...Coach Dan got 12 stitches in his chin?

...Kyle Sikorski is headed to Nationals?

...the Illinois State bird is the cardinal?



No Classes

Monday, May 25th
July 12 - 19

Upcoming Events

USAG Men's National Championships
Cincinnati, OH

Windy City Challenge Awards Week

May 18-23



Gym Closed

Monday, May 25th



Gym Kids Camera Week

June 1-6



Summer Sessions

June 8-July 11
July 20-August 22

Team News

Boys Regional Championships

were at Stevenson High School in Lincolnshire. The Level 6 Prairie Gym Club team brought home the 3rd place team banner, placing ahead of teams from Illinois, Indiana, Kentucky, Michigan, and Ohio.

Patrick Howard (Glen Ellyn) became the Regional Pommel Horse champion as well as placing 6th on Parallel Bars and 7th in the All Around. **Christian Dalisay** (Batavia) placed 2nd on High Bar, 7th on Parallel Bars, and 4th in the All Around. **Ben Szot** (Wheaton) was 3rd on Floor Exercise, Still Rings, and in the All Around, and 5th on Parallel Bars. **Leo Oshiro** and **Keenan Oshiro** (Naperville) were 6th and 7th on Floor Exercise, respectively and **Keenan** placed 3rd on High Bar. **Laith Yousif** (Wheaton) placed 7th on High Bar.

Kyle Sikorski (West Chicago) earned a National Championships qualifying score at Level 10, and will be traveling to Cincinnati in May to compete against the best in the country.

Welcome

to our new team members Alaina Dixon, Kristi Zabka, and Caleb Ercoli.

May Birthdays



7th	Paxon Rio
8th	Erika Ford Stephen Michael
9th	Micaela Van Meter Patrick Howard
10th	Flor Ramirez
12th	Anna Tortorici
16th	Cade Hawkins Katie Lentz
17th	Natalie Spellman
24th	Ben Szot
25th	Annie Niedermeier Lindsey Wegner Kyle Sikorski
27th	Alex Varga Amy Zabka
28th	Ella Guppy

And the winner is...

Congratulations to Victoria Cammarano for the winning story this session (see below). She wins a 5 week summer session of gymnastics!!!

She Did It

One day in Prairie Gymnastics Club there was a class coached by Suzie. The students names were Emily, Sarah, Victoria, Amy and Ashleigh. Ashleigh was the smallest kid in the class.

They were lining up for bars. Ashleigh was last, Victoria was **penultimate**. Sarah was sometimes **sedentary** and right now she was. Amy was **cavorting** in the blocks. Emily was a **scintilla** hungry. Coach Suzie said to Victoria, you are **adroit** at handstands today, Victoria!

They were going to the beams when Amy **malingered**. She said she had a sore throat. But then Sarah **collided** into Coach Suzie! Emily **ascended** the rope...Ashleigh tried...but she slid down.

Coach Suzie wrote Ashleigh and Amy's name on a clipboard. She put an **ampersand** between their names. Ashleigh tried climbing the rope again. She almost made it! But then...SHE MADE IT! Ashleigh climbed down. Coach Suzie said I knew you would make it. They all went home but then Emily grabbed a block and **absconded** out the door.

Loyalty Day Parade

Thanks to all who joined us at the Loyalty Day Parade: Sign carriers Leslie Wegner and Inga Theeke; wagon pullers Johnni Zabka, Claude Howard and John Wegner; wagon riders Hannah Zabka and Brooke Miara; flyer distributors Cheryl and Brian Dalisay, and Tammy Miara; photographer Danny Oshiro; and tumblers Nora Theeke, Lauren and Lindsey Wegner, Kerry Abello, Hunter, Kayla, Christian and Jenna Dalisay, Keenan Oshiro, Amy and Kristi Zabka, and Patrick Howard.

We did handstands in front of the reviewing stand (even Kevin, Suzie, and Cheryl) and had a great time! Pictures will be posted on the bulletin board soon.

