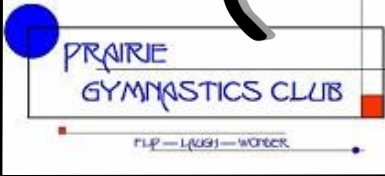


# PRAIRIE GYM NEWS



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## Spring Registration

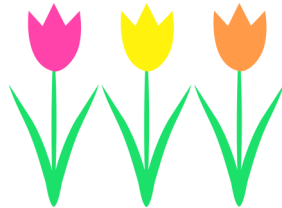
Spring Session is March 14 - May 28

Don't miss out on our  
**Annual Windy City Challenge!**

Challenges begin the 4th week and students, Levels 1 and up, will have a chance to try three challenges a week for 6 weeks. May 16-21 is review and "re-try", and the week of May 23-28 is awards and picture week. Students can see their totals add up each week on the posters in the lobby.

Spring registration begins February 22nd. Don't wait, spots will be held until March 5th, then released to wait listed students.

Out of town during Spring Break (March 28-April 2)? Just let us know, and we'll pro-rate for that week.



## Upcoming Events

**Big Chill (JO Girls)**  
February 6; Palos Hills

**Great Western Invite (Boys Team)**  
February 13-15; Oswego

**Valentine Invite (GIJO Girls)**  
February 13; Itasca

**BIG Invite (JO and Xcel Girls)**  
February 19-21; Burr Ridge

We are running our regular schedule on Presidents' Day Monday, Feb 15th

Feb. 2016

Vol 8, No. 6

Coach Laurie's hockey team is doing their annual

**Pack-the-House** fundraiser.  
**Fighting Squirrels for Puck Cancer**  
February 28<sup>th</sup> at 5:15pm

Carol Stream Ice Arena  
540 Gundersen Dr.  
Carol Stream  
*Suggested \$5 donation!!*



## Gymnastics Helps Kindergarten Readiness

One of the physical and cognitive connections between movement and literacy skills is crossing the midline of the body (the imaginary line from the head to the feet that divides the body into two sections).

We do all kinds of midline crossing in gymnastics. An example you might see during warm-ups is touching a hand to the opposite foot in a straddle stretch.

Kindergarteners use this same skill when they learn how to read and write a sentence, moving their eyes and pencil across the whole page without stopping.

Adapted from Technique Magazine Sept./Oct. 2015

## Did You Know...

...February 5th is National Wear Red Day to promote Healthy Heart Month?

...Conversation Hearts, the popular Valentines Day candy, have been around for 150 years? 8 billion are made each year!

...2016 is a leap year so February has 29 days instead of 28? We will celebrate with Leap Week for the recreational classes.

...March is Muscle month at PGC?

...mice have facial expressions which communicate their mood to others?



# February Birthdays



2nd Molly B.  
 3rd Liz W.  
 4th Coach Nora  
 Mia Z.  
 7th Laura C.  
 10th Ethan F.  
 11th Alexandra A.  
 Zoe M.  
 13th Hunter D.  
 14th Viplav K.  
 15th Vicky A.  
 Lana Z.  
 18th Kinsley C.  
 22nd Molly B.  
 23rd Grace D.  
 Amelia E.  
 Madalyn M.  
 Isabel M.  
 24th Kate B.  
 26th Sydney E.  
 Aubrey E.  
 28th Ella F.  
 Abbey P.  
 Brynn W.



## Meet Results

Meet Me In St Louis:

### Boys Level 10

Christian 1st Floor, P Bars, HB; 3rd PH, R, V, AA

### Level 9

### 2nd Place Team

David 1st PH, AA; 2nd Floor, P Bars, HB

Nathaniel 3rd Rings

### Boys Level 8

### 3rd Place Team

Gavin 2nd Vault; 3rd Floor, PH

Hunter 2nd Floor, PH; 3rd P Bars, AA

Eduardo 3rd Floor

### Boys Level 6

Declan 2nd PH, R, HB, AA; 3rd Floor; Vault

### Boys Level 5

Jack 1st Vault; 2nd Pommels

Ronan 1st Vault

Brody 1st R, AA; 2nd PH, P Bars; 3rd HB

Quin 1st P Bars

Jude 3rd Floor

### Bravo:

#### Girls Xcel Gold

Ally 1st Vault

Sydnee H. 3rd Bars

#### Girls Xcel Platinum

#### 2nd Place Team

Kaitlyn S. 1st Vault, Bars

Kaitlyn W. 3rd Bars

Payton 2nd Floor

#### Girls Level 8

Dayna 1st Vault; 2nd Bars; 3rd All Around



## Parents' Night Out

at

Prairie Gym Club

Sponsored by the

Windy City Gymnastics Booster Club

**Saturday, February 6<sup>th</sup>**

5:30-9:30 pm

Sign up at the front desk by Wed, Feb. 3<sup>rd</sup>

Email questions to: [wcgboosters@gmail.com](mailto:wcgboosters@gmail.com)

## Open Gym, Games, Pizza, Movie

(payment guarantees your spot;  
 15 children needed to run event)

Members: \$25; 2/\$40; 3/\$60; 4<sup>th</sup>/\$10

Non-Members: \$30; 2/\$50

1<sup>st</sup> - 6<sup>th</sup> graders

### Swiss Cup:

#### Boys Level 10

#### 3rd Place Team

Matt S. 1st FL, V, AA; 2nd Rings; 3rd PH, HB

Christian 2nd Pommels; 3rd Floor

#### Level 9

#### 1st Place Team

Nathaniel 1st PH, AA; 2nd PB, HB; 3rd Rings

Adam R. 3rd Pommels, Rings

David 2nd Pommels, 3rd High Bar

Sam 1st PH, HB; 3rd Floor, Vault

#### Boys Level 8

#### 2nd Place Team

Gavin 1st Vault

Hunter 3rd High Bar

Eduardo 2nd Rings

Garrett 3rd Floor

#### Boys Level 6

Declan 1st Rings, AA; 2nd FL, PB, HB; 3rd PH

#### Boys Level 5

Jack 3rd High Bar